Workplace Care

Workplace Care helps MTA NSW Group members support employee wellbeing, strengthen psychosocial risk management and improve workforce performance across automotive businesses.

Workforce wellbeing support

Workplace Care helps automotive businesses support employee wellbeing, strengthen psychosocial risk management and improve workforce performance.

Delivered by Motor Trades Care (MTC) and powered by Steadfast Workplace Risk (SWR), the service combines proactive mental health support, workplace wellbeing programs and preventative health initiatives tailored to workshops, dealerships and automotive workplaces.

Workplace Care provides practical and scalable support to help automotive businesses create healthier, safer and more resilient workplaces.

What Workplace Care helps automotive businesses achieve

Workplace Care provides practical support to help automotive businesses improve employee wellbeing, manage psychosocial risks and build healthier, more productive workplaces.

Support wellbeing
Supports employee mental health and wellbeing through accessible workplace support services.

Build resilience
Improves workforce resilience, engagement and retention across automotive businesses.

Strengthen compliance
Helps strengthen psychosocial risk management, compliance and workplace wellbeing awareness.

Improve performance
Supports healthier, safer and more productive workplaces while reducing absenteeism and disruption.

Employee Assistance Program

A modern Employee Assistance Program designed to support employee wellbeing, workplace mental health and psychosocial risk management.

Delivered in partnership with TELUS Health, the service combines confidential counselling support with digital wellbeing tools and practical support for both employees and leaders.

Then use these benefit rows/cards:

24/7 confidential support
Employees can access confidential support via phone, app and online.

Qualified professionals
Access to qualified mental health and wellbeing professionals.

Whole-person support
Support across mental, physical, financial and social wellbeing.

Digital tools
Digital wellbeing resources and self-guided programs designed to improve engagement and utilisation.

Motor Trades Care

Powered by Steadfast WORKPLACE RISK

Leader and business support

Workplace Care also supports managers and business leaders with practical guidance to manage employee wellbeing, respond to complex situations and strengthen psychosocial risk management in the workplace.

Manager Assist
Support for leaders managing complex employee situations.

Critical incident response
Support when additional help is needed following a workplace crisis or significant incident.

Psychosocial risk guidance
Practical guidance on identifying and managing psychosocial risks in the workplace.

Leadership capability
Support to strengthen leadership confidence, wellbeing awareness and employee support practices.

Preventative health and wellness programs

Workplace Care includes practical workplace health programs designed to identify health risks early, support healthier lifestyles and improve workforce wellbeing.

Programs can be delivered on-site or coordinated across multiple automotive business locations.

Health checks and screenings
Includes workplace health checks, blood pressure, cholesterol and glucose testing.

Risk assessments
Supports BMI, cardiovascular risk assessments and other general health indicators.

Vaccination programs
Workplace flu vaccination programs designed to maximise participation and reduce seasonal illness impact.

Health surveillance
Includes audiometric testing, lung function testing and other role-specific monitoring where required.

Skin checks
Skin checks for outdoor and mobile workers.

Lifestyle programs
Wellbeing programs focused on nutrition, sleep, stress management and healthier lifestyle habits.

Why Workplace Care works

Workplace Care moves beyond traditional reactive wellbeing programs by combining workforce wellbeing support with workplace health and safety expertise.

The service helps automotive businesses proactively manage psychosocial risks, support employee wellbeing and improve workplace performance through accessible, practical and scalable wellbeing solutions.

The result is a healthier, more engaged and more resilient workforce.

CONTACT US

To learn more about MTC's innovative programs and how they can improve the health and wellbeing of your employees,
please visit motortradescare.com.au or call 1300 006 826

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Motor Trades Care

MOTOR TRADERS' ASSOCIATION OF NSW